

SCIMC

Suburban Chicago Interfaith Mental Health Coalition



MENTAL HEALTH NEEDS OF YOUR FAITH COMMUNITY

How to Recognize, Respond, and Refer

November 9, 2010
8:00 a.m.—3:45 p.m.
Elgin, IL

www.scimc.org

“... all people are created in the image of God and worthy of being treated with dignity, respect, and love...”

REGISTRATION FORM

Mental Health Needs of Your Faith Community: How to Recognize, Respond, and Refer
Second Baptist Church (Conference Hall), 1280 Summit Street, Elgin, IL 60120
November 9, 2010 ♦ 8:00 a.m. – 3:45 p.m.

REGISTRATION DEADLINE: October 26, 2010. Seating is limited!

Thank you for carefully completing each section of the Registration Form and writing legibly.

Name: _____

Faith Community/Organization: _____

Street Address/PO Box: _____

City: _____ State: _____ Zip: _____

Attendee Role: Clergy Faith Leader Lay Person Other: _____

Requested CEU for 5.5 hours training: LCSW/LSW LCPC/LPC Cert. of Attendance

Please check below which Tracks you will be attending:

Registration, Welcome and First Keynote Speaker 8:00—10:10	TRACK 1 Clergy & Faith Leaders	TRACK 2 Ministry Development
10:10 a.m. — 11:00 a.m.	<input type="checkbox"/> Session One:	<input type="checkbox"/> Session One:
11:10 a.m. — Noon	<input type="checkbox"/> Session Two:	<input type="checkbox"/> Session Two:
2:00 p.m. — 2:50 p.m.	<input type="checkbox"/> Session Three:	<input type="checkbox"/> Session Three:
3:00 p.m.— 3:45 p.m.	<input type="checkbox"/> Session Four:	<input type="checkbox"/> Session Four:

Registration Fee: \$30.00 per person (includes presentations, continental breakfast, lunch, CEUs.)

Payment: Make checks payable to and mail to:

Hanover Township Mental Health Board, 250 S Route 59, Bartlett, IL 60103,
Attn: Danise Habun, Executive Director

Amt. Enclosed \$ _____



As a result of the interfaith Pathways to Promise Conference in Belleville, IL, in October 2009, a core group of organizations started seeking other groups interested in their common vision of helping people of faith who are working with individuals and families struggling with mental health issues. Through efforts of these partners, Suburban Chicago Interfaith Mental Health Coalition (SCIMC) was formed in late 2009. SCIMC is an interfaith organization partnering together to provide training opportunities on a local and regional level to support faith communities in their work with people struggling with mental illnesses as well as their families. For more information about SCIMC, please visit us at www.scimc.org.

WELCOME!

Suburban Chicago Interfaith Mental Health Coalition (SCIMC) is pleased to welcome pastors, deacons, Stephens Ministry, parish nurses, and others from the faith community who are helping or interested in learning how to reach out to people and families struggling with mental health issues. This one-day workshop will help you to better:

- ☑ **Recognize:** identify and screen mental health problems, set priorities, reduce stigma
- ☑ **Respond:** increase ability to minister to those with mental health problems
- ☑ **Refer:** have referral resources and build personal connections to these resources

SCHEDULE

8:00 – 8:45 a.m.	Registration and Continental Breakfast
8:45 – 9:00 a.m.	Welcome and Introductions
9:00 – 10:00 a.m.	Morning Keynote Address: <i>Mental Health and Religious Professionals Working Together – Look Both Ways Before Crossing</i> , Dr. Mark McMinn
10:00 – 10:10 a.m.	Break
10:10 – 11:00 a.m.	Session One <u>Track 1:</u> What is Mental Health First Aid; Mental Health Problems in the USA; Understanding Depression; Mental Health First Aid Action Plan. <i>Presenter:</i> McHenry County 708 Mental Health Board Staff <u>Track 2:</u> Spiritual Struggles in Mental Illness: How Congregations Can Help. <i>Presenters:</i> Mark Pedigo, Samaritan Interfaith Counseling Center; Michele Lowery, Alexian Brothers Behavioral Health Hospital Susie Piasecki, NAMI Connections
11:00 – 11:10 a.m.	Break
11:10 – Noon	Session Two <u>Track 1:</u> Understanding Non-Suicidal Self-Injury, Anxiety Disorders and Panic Attacks. <i>Presenter:</i> McHenry County 708 Mental Health Board Staff <u>Track 2:</u> Effective Mental Health Advocacy and Support Models with the Faith Community. <i>Presenter:</i> Reverend Patricia Lindquist, First Congregational Church of Elgin
Noon – 1:00 p.m.	Lunch
1:00 – 1:50 p.m.	Afternoon Keynote Address: <i>Mental Illness as a Spiritual Journey – Creating Caring Congregations</i> , Rev. Susan Gregg-Schroeder
1:50 – 2:00 p.m.	Break
2:00 – 2:50 p.m.	Session Three: <u>Track 1:</u> Understanding Psychotic Disorders; Understanding Substance Abuse. <i>Presenter:</i> McHenry County 708 Mental Health Board Staff <u>Track 2:</u> Building a Faith Based Volunteer Mental Health Mentoring Program. <i>Presenters:</i> Nancy Sayer and Gail Meyer, Samaritan Interfaith Counseling Center
2:50 – 3:00 p.m.	Break
3:00 – 3:45 p.m.	Session Four: <u>Track 1:</u> Understanding Eating Disorders; Next Step for Mental Health First Aid Training. <i>Presenters:</i> McHenry County 708 Mental Health Board Staff <u>Track 2:</u> Carrying It Forward: Building a Collaborative Faith-Based Response to Mental Illness. <i>Presenters:</i> Phillip Reed, Destiny Church; Danise Habun, Hanover Township Mental Health Board

KEYNOTE PRESENTATIONS

Mental Health and Religious Professionals Working Together: Look Both Ways Before Crossing
Health requires a substantial amount of listening and learning from others, which means that collaboration between mental health and religious professionals is most effective when both parties are active participants, open to learning from one another. This requires spiritual awareness for mental health professionals and psychological awareness for religious professionals. Both will be considered in this presentation. Topics will include the health benefits of religious and spiritual values, problems in congregational life related to mental health issues, and knowing when to refer. In conclusion, exemplars of effective collaboration will be described.



Dr. Mark R. McMinn is Professor of Psychology at George Fox University where he teaches and serves as the director of faith integration in the Graduate Department of Clinical Psychology. Previous to this, he was a professor at Wheaton College. Dr. McMinn holds a PhD from Vanderbilt University, is a licensed psychologist in Oregon, and is board certified by the American Psychological Association (APA) and a past president of the APA's Psychology of Religion division. Much of his research and all of his clinical work in recent years has focused on clergy health and finding effective ways for mental health professionals and clergy to work well together. In addition to writing over 120 chapters and articles, Mark has authored or co-authored ten books and co-edited three more.

Mental Illness as a Spiritual Journey: Creating Caring Congregations

As a consumer and a member of the clergy, Rev. Gregg-Schroeder brings the wisdom of her ongoing journey and struggles with depression to offer universal truths about spirituality during difficult times. In sharing six gifts of the shadow, she encourages others to discover opportunities for growth, change and transformation. She will also provide a brief history of how mental illness has been understood since Biblical times, suggests ways to integrate spirituality into the treatment and recovery process, and present a five-step model of ministry to help congregations begin or expand an outreach to persons with mental illness and their families.



Rev. Susan Gregg-Schroeder founded Mental Health Ministries in 2001 to provide educational resources to help erase the stigma of mental illness in our faith communities. As a consumer, she also educates doctors, therapists and other mental health care providers to understand the important role a person's spirituality can play in the recovery and healing process. As Coordinator of Mental Health Ministries, Rev. Gregg-Schroeder has produced media and print resources addressing various mental health issues from a spiritual perspective. She has been active with the National Alliance on Mental Illness (NAMI) and currently serves on the NAMI Faithnet Advisory Committee. She is also a member of the Pathways to Promise Board of Directors and a member of the American Association of Pastoral Counselors (AAPCC).



SCIMC is thankful for the following sponsors or coalition members for making this workshop possible.



Alexian Brothers Center for Mental Health Association for Individual Development
Aurora Chicago Lakeshore Hospital, LLC
Catholic Charities NW Senior Services
Central DuPage Hospital Behavioral Health Services
Central DuPage Hospital Parish Nurse Program
Clearbrook
Community Crisis Center of Elgin
DuPage County Health Dept., Mental Health Services
ELCA Suicide Prevention Ministry
Ecker Center for Mental Health
Gateway Foundation
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NAMI DuPage
NAMI Kane County
Northwest Center Against Sexual Assault
Northwest Community Hospital
Pathways to Promise
Provena Mercy Medical Center Faith Community Nurse Program
Samaritan Interfaith Counseling Center
The Share Program
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