



Opening Hearts. Creating Community.

*Shrinking the stigma of mental illness
throughout North Inland San Diego County*

October 8, 2014

*Community-wide interfaith conference
for clergy, staff, lay people from all walks of life*

Hosted by:

*First United Methodist Church of Escondido
341 S. Kalmia Street
Escondido, CA 92025*

Agenda

8:15 – 8:45 a.m. – Registration, Refreshments

8:45– 9:00 a.m. – Welcome & Introductions

9:00 – 9:50 a.m. – Keynote Speaker

Susan Gregg-Schroeder
Mental Illness as a Spiritual Journey

9:50 – 10:05 a.m. – Resource Tables, Refreshments

10:05—10:50 a.m. – Workshops – Choose one:

- Warning Signs of Bullying in Children
- Substance Abuse & Mental Illness in Teens
- Good Mental Health is Ageless:
Recognizing Depression and Mental Illness in Older Adults

10:50 – 11:05 a.m. – Resource Tables, Refreshments

11:05 – 11:50 a.m. – Workshops – Choose one:

- Creating Caring Congregations: Models of Ministry
- Question, Persuade and Refer: (QPR):
Gatekeeper Training for Suicide Prevention
- Psychiatric Emergency Response Team (PERT)

11:50 a.m. – Noon

Complete Event Evaluations & Closing Remarks



WELLNESS • RECOVERY • RESILIENCE



Funded by the voter approved Mental Health Services Act (Prop.63)