

Los Angeles County Department of Mental Health  
Community & Government Relations  
550 S. Vermont Ave., 12th Floor  
Los Angeles, CA 90020

Los Angeles County Department of Mental Health  
Presents  
**The 11th Annual Conference**  
on  
**Mental Health  
&  
Spirituality**

*A New Season*



Date: June 7, 2012

Time: 7:30 AM - 5:00 PM

Cathedral of Our  
Lady of the Angels  
555 W. Temple Street  
Los Angeles, CA 90012

MHSA Funded

**Continuing Education**

Los Angeles County Department of Mental Health (LACDMH) is approved as a continuing education provider by the following:

- California Board of Behavioral Science (Provider #PCE278) for Licensed Clinical Social Workers and Marriage and Family Therapists
- California Board of Registration Nursing (Provider #CEP5990) for Registered Nurses, Licensed Vocational Nurses and Licensed Psychiatric Technicians
- California Association of Alcoholism and Drug Abuse Counselors (provider #2N-91-267-0811)



No preparation is required for this training conference

**PLEASE APPLY AT THE CEU TABLE  
THE DAY OF THE EVENT**

**Conference Presented By:**

**County of Los Angeles Board of Supervisors:**

Gloria Molina  
First District

Mark Ridley-Thomas  
Second District

Zev Yaroslavy  
Third District

Don Knabe  
Fourth District

Michael D. Antonovich  
Fifth District

**County of Los Angeles Department of  
Mental Health**

Marvin J. Southard, D.S.W., Director

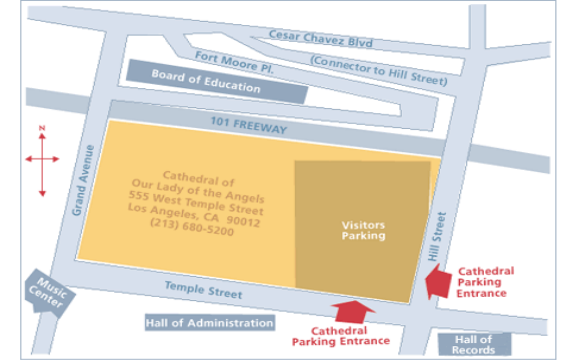


MHSA Funded



For additional information regarding this conference please contact Destiny Walker at (213) 639-6396 or dwalker@dmh.lacounty.gov - Fax (213) 386-1297

Cathedral Parking Map (not to scale)



**Directions (\$10.00 Discounted Parking)**

**From the North**

If you are taking the 101 South:

Take the 101 Hollywood Freeway South to downtown. Exit on Broadway and make two right turns--Broadway, then Temple. After crossing Hill Street, turn right from Temple Street into the parking garage.

If you are taking the Harbor Freeway, 110 South:

Exit at Hill Street. After you cross over the 101 Freeway, the entrance to the parking structure will be located on your right.

**From the South**

If you are taking the Harbor Freeway, 110 North:

Stay on the 110 North to downtown, approaching the 101, 5, and 10 freeway merge. Take the freeway exit marked "5 South, 1 San Bernardino--Freeway" (merge to the right). Do not take the 101 Freeway to Hollywood. You will travel on the merge lane for the 5 and 10 Freeways for about 100 yards, exit at Temple. At the end of the freeway ramp, turn left on Temple. Proceed over the Grand intersection and the Temple street parking entrance will be on your left before Hill street.

**From the East (or North on 5)**

If you are taking the Pomona 60 west or traveling north on the Santa Ana 5:

Take the Hollywood 101 Freeway north to downtown. You will pass through the tunnel, proceed approximately one mile to the Grand Avenue exit. Turn right on Grand Avenue, turn left on Temple Street, and turn left into the parking garage from Temple Street.

**Public Transportation**

- **Metro Rail lines From LAX to Union Station**  
For more information: <http://www.mta.net>
- **Flyaway Bus Service**  
For more information: <http://www.lawa.org>

**Hotels**

Hotels located in the downtown area: Omni Hotel; Hiton Checkers; Millennium Biltmore; Wilshire Grand; Best Western Dragon Gate Inn; The New Otani Hotel & Garden; Miyako Hotel Los Angeles; Kawada Hotel, Marriott Downtown Los Angeles, Hyatt, Sheraton, Holiday Inn and Bonaventure.

## ABOUT THE CONFERENCE

Our theme, **A New Season** marks the beginning of a new decade in the history of our annual conferences on Mental Health & Spirituality. We welcome you to the 11<sup>th</sup> year of the conference and are pleased to have the opportunity to use the beautiful accommodations of the Los Angeles Cathedral. We are grateful that despite our financial challenges in the early years we were able to persevere and arrive at this conference anniversary. The Los Angeles County Board of Supervisors has always been supportive of our efforts so to them we give our utmost gratitude.

We are also grateful to the California Endowment for helping us host some of our past events. If it were not for their space limitations, we would have stayed at their Center for Healthy Communities.

We now have a growing audience population. To accommodate some 500 or more persons, we chose a larger venue and added more workshops. You are



welcome to attend any of the workshops that you feel will be the most valuable. At the same time we have kept our usual plan of having two tracks: one for the clinician, and another one for the clergy. The morning Keynote speaker, Dr. McKenna will focus on the clinicians while the afternoon speaker, Rev. Schroeder will focus on the clergy. Both speakers bring a wealth of information and inspiration. In terms of your planning for the day, Workshops 3, 4, 5, 6, and 8 would be of particular interest to the clinicians while Workshops 1, 2, 3 and 7 would be of interest to the clergy. The consumers and family members may benefit from Workshops 1, 2, 3, 5, and 7.

When we do our yearly planning, we factor in cultural competency so we always attempt to make our presentations balanced in ethnicity and faith. You will hear views from Latinos, African Americans, Native Americans, Middle Easterners, Whites, and Asian Pacific Islanders. In terms of faith, you will see perspectives from the Buddhists, Jewish, Christians, Muslims, and Indigenous Peoples.

This year's array of topics and presenters promises you with a day of knowledge, understanding, fellowship, and hopefully spiritual enrichment.

### Morning Keynote Speaker

Dr. Kathleen McKenna, MD

Dr. McKenna is the Training Director of the Child and Adolescent Psychiatry Fellowship Program at Harbor-UCLA. She has a long-standing interest in the integration of spirituality and mental health. Dr. McKenna has participated in research projects related to childhood onset schizophrenia at the National Institute of Mental Health. She has conducted psychopharmacology research at Children's Memorial Hospital in Chicago where she also directed a clinic for children and adolescents with serious psychiatric problems.

### Afternoon Keynote Speaker

Rev. Susan Gregg-Schroeder

Rev. Susan Gregg-Schroeder of California founded Mental Health Ministries in 2001 to provide media and print educational resources to help erase the stigma of mental illness in our faith communities. Susan's DVD set, *Mental Illness and Families of Faith: How Congregations Can Respond*, offers eight shows on a variety of mental health issues. Susan shares her personal journey with clinical depression in her book, "In the Shadow of God's Wings: in the Midst of Depression." Susan works with several national groups including serving on the Advisory Committee for NAMI FaithNet, Pathways to Promise and is a member of the American Association of Pastoral Counselors.

### Conference Workshops

#### 1. An Overview of the Programs and Services of the Los Angeles Department of Mental Health: What They Are, Who is Eligible for Them, How to Access them

Ed Vidaurri, LCSW

#### 2. Congregational Mental Health: Experience from Valley Beth Shalom and Latino Pastors

Judie Cotton, MFT and Pastor Edgard Urbina

#### 3. Healing Effects of Meditation: Experiential Workshop of Catholic Centering Prayer and Buddhist Traditions

Sr. Linda Snow and Rev. Bhante Chao Chu

#### 4. Islam, Spirituality, and Mental Illness

Dr. Taif Kaissi and Dr. Faisal Qazi

#### 5. The Uses of Drumming and Spirituality for Indigenous People in Recovery

Daniel Dickerson, DO, MPH and Benjamin Hale

#### 6. Considerations for the Assessment and Integration of Spiritual Interest of Clients in the Public Mental Health Agency

John Lewis, LCSW, M.Div. and Kumar Menon, MSPA

#### 7. A Partnership in Action - The Clergy Advisory Committee: Linking Mental Health and Spirituality

Sumaya Abubaker, Dn. Thomas E. Brandlin, Pastor Randy Carrillo, Suzanne D. Healy, Calvin Hsi, and Cantor Steve Puzarne

#### 8. Integrating Spirituality into a Recovery Model of Treatment

Gregory Swift, LMFT, ThD

### Conference Agenda

7:30 am - 8:30 am

Registration and Continental Breakfast

8:30 am - 8:45 am

Opening Ceremony: Pastor Pansy Washington  
Christian Methodist Episcopal Church

Invocation: Rev. Dagmar Grefe  
Spiritual Care Manager, Children's Hospital  
Benjamin Hale  
Spiritual Leader, Navajo Tribe

8:45 am - 9:15 am

Welcome

Marvin J. Southard, DSW, Director  
Los Angeles County Department of Mental Health

Adrienne Cedro-Hament, LCSW, Chair  
Conference Planning Steering Committee

9:15 am - 10:45 am

Morning Keynote

Dr. Kathleen McKenna, MD  
Addressing Spiritual Issues in Mental Health Care:  
The Whys and Hows

10:45 am - 11:00 am

Break

11:00 am - 12:30 pm

Concurrent Workshop Sessions  
(1 - 8)

12:30 pm - 1:30 pm

Lunch

1:30 pm - 3:00 pm

Afternoon Keynote

Rev. Susan Gregg-Schroeder  
Mental Illness as a Spiritual Journey

3:00 pm - 3:15 pm

Break

3:15 pm - 4:45 pm

Repeat of Concurrent Workshops  
(1 - 8)

4:45 pm

Closing Ceremony

Prelude of the Sutra of Immeasurable Meanings  
Buddhist Tzu Chi Foundation

5:00 pm

Benediction

Pastor Melvin A. Ashley, Jr.  
Greater Love Christian Center

2012 Annual Conference on Mental Health & Spirituality

*A New Season*

(Seating is Limited - Please Register Early!)  
Completed form due by May 15, 2012

Please Print

Name \_\_\_\_\_

Title \_\_\_\_\_

Organization \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip Code \_\_\_\_\_

Phone \_\_\_\_\_

E-mail \_\_\_\_\_

### Designation

- Clergy: **\$25.00** Discounted Rate Provided by: **LA County Board of Supervisors**  
(Religious Faith: \_\_\_\_\_)
- LA County Consumer **\$25.00**
- LA County Consumer Family Member **\$25.00**
- General **\$125.00**
- Provider **\$125.00**
- LACDMH Staff **\* \$42.00**

\*Please complete DMH Application available on DMH Training Website For Supervisor Approval

### Please Select Method of Payment:

- Check# \_\_\_\_\_
- Money Order# \_\_\_\_\_

### Special Needs:

- Language Interpretation: \_\_\_\_\_  American Sign Language
- Wheelchair Accommodation

### No on-site registration.

**Payment Information:** Please make check or money order payable to: **Los Angeles County**. No credit cards will be accepted.

**Insufficient Funds:** There will be a \$33.00 fee charged on checks returned by the bank due to insufficient funds.

**Cancellations/Refunds:** For a full refund, please submit your request in writing no later than **May 31, 2012**. (After that date, fees are non-refundable. There will be no partial refunds)

### To Receive a Confirmation of Registration:

Please submit a self-addressed, stamped envelope with your payment and a confirmation will be mailed to you.

Please mail completed registration form with payment  
By **May 15, 2012** to:

Department of Mental Health  
Community & Government Relations  
Attn: Destiny Walker  
550 S. Vermont Ave., 12th Floor  
Los Angeles, CA 90020